

“This is a wonderful day.  
I have never seen this one before.”

Maya Angelou



### Important Reminders...

For food safety reasons, we cannot leave food packages outside once temperatures reach 10°C. This also means we cannot ever leave items in building lobbies/hallways for extended periods.

Please look for your delivery notifications sent by email. If you cannot be home for your delivery, leave a cooler in a shady spot, ask a neighbour to accept your delivery, or contact our office to reschedule your appointment.

### Recipe Corner

Scan codes for recipes



Learn how to make crispy tofu! It's easy to prepare with just a few simple ingredients, and so good!



[www.sweetsimplevegan.com/easy-crispy-tofu](http://www.sweetsimplevegan.com/easy-crispy-tofu)



This one-pan chicken drumstick & veggies meal can be prepped and ready in an hour!



[www.snackinginsneakers.com/sheet-pan-chicken-drumsticks-vegetables](http://www.snackinginsneakers.com/sheet-pan-chicken-drumsticks-vegetables)



Two favorites comfort foods come together in this one-pot chili mac & cheese that's sure to be a crowd pleaser!



[www.damndelicious.net/one-pot-chili-mac-cheese](http://www.damndelicious.net/one-pot-chili-mac-cheese)

### Community Food Resources



Food for Life offers a variety of programming through community programs across Oakville. In-neighbourhood community programs offer Halton Residents the opportunity to access fruits and vegetables, proteins, dairy and bread weekly.

Please visit [foodforlife.ca/neighbourhood-programs](http://foodforlife.ca/neighbourhood-programs) for a list of FFL programs in Oakville.



Kerr Street Mission offers a variety of food and other programs, accessible weekly to Oakville residents in need. Shop every week at our KSM Food Market where you can choose from a selection of both fresh and non-perishable food items. Registration is required so please contact us beforehand to book an intake. Hot meals are also served during KSM Café times.

Hours:  
Monday - Friday 9am to 8pm  
Saturdays 9am to 12pm

Contact Information:  
Call us at **905-845-7485**  
Email us at [admin@kerrstreet.com](mailto:admin@kerrstreet.com)  
Learn more at [www.kerrstreet.com](http://www.kerrstreet.com)

*There may be other resources in your area.  
Reach out to our team for more information.*

We hope you enjoy this month's fresh food delivery!

(905) 581-FOOD | [contact@haltonfoodconnect.ca](mailto:contact@haltonfoodconnect.ca) | [haltonfoodconnect.ca](http://haltonfoodconnect.ca)