

## QUARTERLY DIGEST

Spring 2024 - Acton/Georgetown

"This is a wonderful day. I have never seen this one before."



## Important Reminders...

For food safety reasons, we cannot leave food packages outside once temperatures reach 10°C. This also means we cannot ever leave items in building lobbies/hallways for extended periods.

Please look for your delivery notifications sent by email. If you cannot be home for your delivery, leave a cooler in a shady spot, ask a neighbour to accept your delivery, or contact our office to reschedule your appointment.

# **Recipe Corner**



Learn how to make crispy tofu! It's easy to prepare with just a few simple ingredients, and so good!



Scan codes for recipes

www.sweetsimplevegan.com/easy-crispy-tofu



This one-pan chicken drumstick & veggies meal can be prepped and ready in an hour!







Two favorites comfort foods come together in this one-pot chili mac & cheese that's sure to be a crowd pleaser!



www.damndelicious.net/one-pot-chili-mac-cheese

### **Community Food Resources**



Food for Life offers a variety of programming through community programs across Acton & Georgetown. In-neighbourhood community programs offer Halton residents the opportunity to access fruits and vegetables, proteins, dairy and bread weekly.

#### Please visit

**foodforlife.ca/neighbourhood-programs** for a list of FFL programs across Acton and Georgetown.



The Georgetown Bread Basket provides services on a bi-weekly basis, and serves residents of Georgetown, Norval, Hornby and Limehouse. If you are in need of support, please contact the team at 905-873-3368 for more information.

#### Hours:

Tuesdays 4:30pm to 7pm Wednesdays 8:30am to 12pm Saturdays 8:30am to 12pm

Learn more at georgetownbreadbasket.ca

There may be other resources in your area. Reach out to our team for more information.